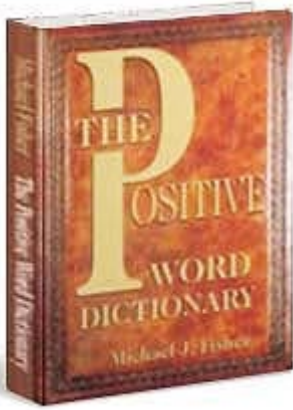


The Precious Present

By Michael J Fisher

Author of [The Positive Word Dictionary](#) and [The Wizard and the Scrolls of Zorion](#)

When you were a child you felt connected to the precious presents.
As a child everything was part of you, you saw no separation.
You were connected to everything and not separate from the world.
You were not separate from your experiences of life
and your connection to the source and all things.
Find that feeling again and become one with the source and all of life.
Like you were as a child before the ego took hold.



When you were a child the world was full of wonder,
endlessly exciting and full of the magic of the present moment.
Could you see dragon scales on tree trunks, fairy faces in dew drops.
Did you dance bare foot in the dew and feel the vibration of the earth beneath
your feet.
Do you remember climbing trees and running through fields with the wind in
your hair.
You danced and played and your imagination was real and you were
connected and fully alive in the now as you played and sang under rainbows.

As a child you were nurtured by Mother Nature
as you lay in the long grass and looked to the sky.
Seeing all kinds of pictures and faces in the white fluffy clouds
as you blew air plans from their stem into the gentle breeze
again one with nature, the universe and the now.

Children know the ecstasy of the precious present when it rains.
They do not run away from it.
They jump in every puddle they can find and life is wonderful.
The older folk shout, "Come out of the rain".
It is those that hide in the shelter that are out of touch with the magic of the moment
and the magical connection to the experience and joys of life.
Reconnect to your child-likeness as this is where your magical powers lie.

Learn to tap into the power of every moment, learn to see things, don't just notice them.
How long has it been since you saw the sun set and the sun rise?
Did you see the sky turn burgundy red and see the tree tops gleaming with gold
in a moment of pure magic, in the precious present?
Anything that you can imagine in this world can be created from a still mind
that is focused and present in the now.
Be still in thought and great wisdom shall come to you.
Be present in the stillness of now.

Be still, be very still and focused
and watch all of life's wonders unfold before your eyes.
Like the petals of a flower that unfold.
They are still, so very still and very beautiful.
Like a beautiful flower so still in the present moment

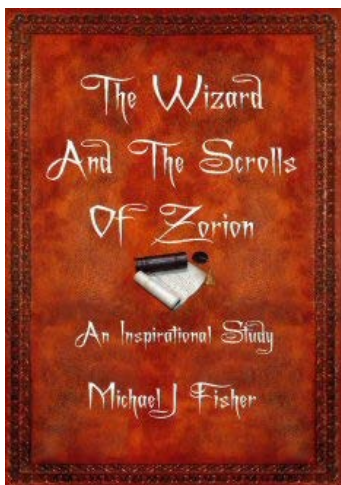
Be still in the now and free of mental chatter. Your point of power is in the now.
Go beyond ego that looks for all things outside of its self ; go within.
Become a spiritual being aligned
with the formless intelligence that exists within all things.
Your spiritual power is the mightiest force in existence
and its power vibrates in the precious presents.

The past is but a thought in the mind
and the future is but a thought in mind yet to come.
If you surrender completely to the present moment,
you will live more richly within the precious present.
Appreciate every hour of the day and night like
an unexpected gift from the precious present.

You are one with infinite intelligence when
you are present in the now.
Focus on the now and breathe it in.

Connect to life as life is your true essence
and life is right here and right now.
Life is the flash of a firefly in the forest at night.
It is your breath at dawn as you walk in your fields in the winter time.
It is the little shadow of your children that runs across the meadow
to lose itself to the light of the sunset.

Life is a challenge, meet it. Life is a dream, realize it.
Life is a game, play it. Life is love, love it.
Love your life, perfect your life, and beautify all things in your life
in the presents of the precious present.



And in your last moments here on earth,
fear not your last breath, it is not the end
There is no need to hurry, no need to rush, you have all eternity.
Death is not sad because there really is no such thing.
But what is sad is that many do not live
their lives at all in the precious present.

Focus and stay earthed to the now
and find your purpose in the service of others.
Then at the end of your days rejoice in your achievements
and successes and be in playful bliss
again like a child, cradled in the arms of
the Supremes eternal presents.

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